

ARTS EDGE DANCE COMPANY 2023-2024 CLASS SCHEDULE

MONDAY Studio A	MONDAY Studio B	TUESDAY Studio A	TUESDAY Studio B	WEDNESDAY Studio A	WEDNESDAY Studio B	THURSDAY Studio A	THURSDAY Studio B	FRIDAY Studio A	SATURDAY Studio A	SATURDAY Studio B
					TINY STARS BALLET 9:30-10:00 <i>Caroline</i>			BEGINNER ACRO Ages 4-7 4:00-4:45 <i>Emily</i>	TINY STARS BALLET 9:00-9:30 <i>Lindsay</i>	LEVEL II TAP 9:00-9:30 <i>Caroline</i>
HIP HOP TEAM (Ages 7-11) 4:15-4:45 <i>Danielle</i>	RISING STARS TAP/BALLET 4:15-4:45 <i>Lindsay</i>	JR TEAM LYRICAL 4:00-5:00 <i>Tristan</i>	MINI TEAM REHEARSAL 4:30-5:00 <i>Lindsay</i>	LEVEL I TAP/BALLET & JAZZ COMBO 4:00-4:45 <i>Lindsay</i>	LEVEL II TAP 4:15-4:45 <i>Molly</i>	JR TEAM CONTEMP. 4:15-5:00 <i>Lindsay</i>	LEVEL II ACRO 4:15-5:00 <i>Emily</i>	HIP HOP STARS Ages 4-7 4:45-5:15 <i>Emily</i>	RISING STARS TAP/BALLET 9:30-10:00 <i>Lindsay</i>	LEVEL II BALLET 9:30-10:00 <i>Brittany</i>
LEVEL III HIP HOP 4:45-5:15 <i>Danielle</i>	BROADWAY BABIES Ages 4-7 4:45-5:15 <i>Deirdre</i>	JR/SR TEAM STRENGTH/ ACRO 5:00-5:30 <i>Luli/Anna/Phe</i>	LEVEL II JAZZ 5:00-5:30 <i>Tristan</i>	LEVEL II BALLET 4:45-5:15 <i>Brittany</i>	PETITE TEAM REHEARSAL 4:45-5:15 <i>Lindsay</i>	LEVEL III & JR TEAM TAP 5:00-5:30 <i>Lindsay</i>	LEVEL II HIP HOP 5:00-5:30 <i>Emily</i>	LEVEL III ACRO 5:15-6:00 <i>Emily</i>	JR TEAM BALLET 10:00-10:45 <i>Brittany</i>	LEVEL I TAP/BALLET & JAZZ COMBO 10:00-10:45 <i>Lindsay</i>
SR TEAM TEEN HIP HOP 5:15-6:00 <i>Danielle</i>	LEVEL III MUS. THEATER 5:15-6:00 <i>Deirdre</i>	SR TEAM REHEARSAL 5:30-6:30 <i>Tristan/Lindsay</i>	JR TEAM JAZZ 5:30-6:30 <i>Crystal</i>	ADULT TAP/JAZZ 5:15-6:00 <i>Lindsay/Molly</i>	TEEN BALLET/LYRICAL 5:15-6:00 <i>Lindsay</i>	JR TEAM BALLET 5:30-6:15 <i>Brittany</i>	LEVEL III JAZZ 5:30-6:15 <i>Caroline</i>		SR TEAM BALLET 10:45-11:45 <i>Brittany</i>	JR TEAM REHEARSAL 10:45-12:00 <i>Lindsay</i>
SR TEAM TEEN MUS. THEATER 6:00-7:00 <i>Deirdre</i>	LEVEL III BALLET 6:00-6:45 <i>Brittany</i>	SR TEAM JAZZ 6:30-7:30 <i>Crystal</i>	ADULT LYRICAL 6:30-7:15 <i>Tristan</i>	SR TEAM TEEN TAP 6:00-6:30 <i>Lindsay</i>	ADULT BALLET 6:00-6:30 <i>Brittany</i>	SR TEAM CONTEMPORARY & COMPOSITION 6:30-8:30 <i>Lindsay</i>	LEVEL III BALLET 6:15-7:00 <i>Brittany</i>		SR TEAM REHEARSAL 11:45-2:00 <i>Lindsay</i>	
SR TEAM BALLET 7:00-8:30 <i>Brittany</i>		SR TEAM TECHNIQUE 7:30-8:30 <i>Tristan</i>		SR TEAM BALLET 6:30-7:30 <i>Brittany/Lindsay</i>			LEVEL III LYRICAL 7:00-7:45 <i>Caroline</i>			
				SR TEAM LYRICAL 7:30-8:30 <i>Lindsay</i>						

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Age Requirements and Class Descriptions

Tiny Stars - Ages 2.5-3.5

An introductory dance class for preschoolers containing ballet and creative movement. Students are introduced to basic ballet vocabulary, while exploring movement and music in a fun, age appropriate, creative way.

Rising Stars - Age 3.5-4 (Pre-School)

A ballet and tap combination class. During the year dancers are introduced to more formal dance techniques. This class will lay the foundation for correct, safe and successful dancing in years to follow. Students will expand on the basic steps and terminology from previous Tiny Stars class and continue to explore their own creative movement in a safe, positive environment.

Broadway Babies (Ages 4-7)

A beginner Musical Theater class!

Beginner Acro (Ages 4-7)

A beginner acro dance class for dancers.

Hip Hop Stars (Ages 4-7)

A beginner Hip Hop class

Level I - Ages 5-6 (Kindergarten - Grade 1)

During the year dancers are introduced to more formal dance techniques. This class will lay the foundation for correct, safe and successful dancing in years to follow. In Level I classes, young dancers will begin to develop the specific technique of each individual dance style. Students will continue to work on flexibility, rhythm, and coordination, all while exploring their creativity in a safe and fun learning environment.

Level II - Ages 7-9 (Grades 1-3)

In Level II classes, dancers will expand upon the techniques taught in Level I. Students will be introduced to partner work, and classes will emphasize quality of movement while also continuing work on flexibility, control, and rhythm.

Level III - Ages 8+ (Grades 3+)

In Level III classes dancers will expand upon the techniques taught in Level II. Students will continue partner work, and classes will be emphasizing quality of movement while also continuing work on flexibility, control, and rhythm.

TEEN - Ages 12 + (Grades 7+)

Teen classes are for dancers of all abilities! Classes will be emphasizing quality of movement while also continuing work on flexibility, control, and rhythm.

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Style Descriptions

Acro

Acrobatics used in dance uniquely combine controlled contortions with strength, flexibility, and balance. Tumbling skills such as aerials, front and back walkovers, handsprings and more, help improve dancers' confidence. Acro adds versatility to both the dancers and their routines.

Ballet

Ballet is truly the foundation of all forms of dance and is a structured class. In this class students learn definitions, terminology, and proper technique. Ballet classes consist of beginning the class at the barre, then moving to floor work.

Contemporary

Contemporary is an expressive style of dance that pulls elements from modern, jazz, lyrical, and classical ballet. These dancers connect the mind and body through fluid dance movements. Focusing on floor work, versatility, and improvisation allows their bodies to freely express their feelings.

Hip Hop

Hip Hop uses high energy movements that have elements of popping, locking, and breaking. These freestyle movements allow students the opportunity to express their own sense of style. Hip Hop is the latest form of expression in today's culture. It is diverse and ever changing.

Jazz

Jazz tends to blend the strength and control of ballet with the creativity and expression of contemporary. This style often uses syncopated rhythms and angular movements with a strong technique base. Leaps and turns are typically at the forefront of jazz choreography.

Lyrical

Lyrical is a fusion of jazz and ballet. In lyrical, choreographers and dancers use motion to interpret music and express emotion, telling a story with movement. A ballet based technique is often preferred for this style of dance.

Musical Theater

Musical Theater explores a variety of dance styles while incorporating songs, and acting. Often using show tunes from Broadway, the story and emotional content of a musical are communicated through the words, music, and movement.

Tap

Tap classes develop coordination and rhythm. Dancers wear shoes with metal plates on the bottom to create intricate rhythms with the feet. Upper body movement is coordinated with these rhythms thereby creating a visual and musical experience.

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COMPETITION TEAMS

PETITE TEAM

- Beginner/Intermediate Level - Ages 5-6
- Dancers must be enrolled in Level I Class and the required rehearsal for Petite Team.
- Hip Hop & Acro are optional.
- Attends 2-3 competitions throughout the year.

MINI TEAM

- Beginner/Intermediate Level - Ages 7-8
- Dancers must be enrolled in Level II Classes 2 days a week including a required rehearsal.
- Hip Hop, Musical Theater, Acro are optional.
- Attends 2-3 competitions throughout the year.

HIP HOP TEAM

- Beginner/Intermediate Level - Ages 7-11
- Dancers must be enrolled in HIP HOP team rehearsal Mondays 4:15-4:45
- Attends 2-3 competitions throughout the year.

JUNIOR TEAM

- Intermediate/Advanced Level - Ages 8-11
- Dancers must be enrolled in all Junior Team classes 3 days a week including a required rehearsal. Level 3 Hip Hop, Musical Theater, Acro are optional.
- Attends 3-4 competitions throughout the year.
- Attends at least 1 convention.

SENIOR TEAM

- Advanced Level - Ages 12+
- Dancers must be enrolled in all Senior Team classes offered, 5 days a week including a required rehearsal.
- Attends 3-4 competitions throughout the year.
- Attends 2 conventions.